SUPPORT

South Peninsula Behavioral Health Services

spbhs.org | (907) 235-7701

After Hours/Weekend Mental Health Clinician
(907) 235-0247

SUPPORT GROUPS

These psychoeducational and process groups are facilitated by mental health professionals for adults, teens, and children. A brief intake process is all that's required to get started, and costs can be billed to insurance or self-paid on a sliding scale.

Anger Management & Addiction
Weekly, via phone

Depression & Anxiety
Thursdays, in person

Veteran's Group
Wednesdays, in person

Hospice of Homer

265 E. Pioneer Ave #3 | (907) 235-6899

Providing comfort, dignity, and choice through care, support, and education to the frail and isolated and to those facing end-of-life issues.

SUPPORT GROUPS

General Grief & Loss Group
Wed, 2:00 - 3:00 pm
If you have lost someone, this group is for you.

Caregiver Support Group
Every other Thurs, 2:00 - 3:00 pm
Offering training and support for those involved in the care of loved ones.

Widows/Widowers Support Group
Tues,1:30 - 2:30 pm

SUPPORT

Sex and Love Addicts Anonymous

slaafws.org | safehavenhomer@gmail.com

For anyone seeking help with an addictive compulsion to engage in or avoid sex, love, or emotional attachment.

Alaska Eating Disorders Alliance

akeatingdisordersalliance.org/support-groups

Helping Alaskans address and overcome eating disorders. AKEDA Support Groups are online, free, and confidential.

NAMI Alaska

namialaska.org | 800-950-NAMI

Offering free, online peer-led support groups for adults experiencing mental illness.

Parkinson's Support Group

adpaparksinon.org | (907) 399-1413

For people with Parkinson's and their caregivers.

South Peninsula Haven House

3776 Lake St #100, Homer
havenhousealaska.org | (907) 235-7712

24-hour Help Line: (907) 235-8943

Providing emergency shelter, crisis intervention and resources, including legal advocacy, for those affected by domestic violence and/or sexual assault and their children.

HOMER AREA Support Groups and Resources GUIDE

Dial 988 for Suicide & Crisis Lifeline

This line provides 24/7, free and confidential support for people in distress as well as prevention and crisis resources for you or your loved ones.

CALL 911 IN AN EMERGENCY

This pamphlet is created and distributed by South Peninsula Hospital's Health & Wellness Department.

To request printed copies or to add or change info, please contact wellness@sphosp.org.

Updated: 7/2025

RECOVERY SUPPORT

All Things Recovery Coalition

allthingsrecovery.org | (907) 756-3530

Working together to address addiction issues and support recovery.

Kachemak Bay Recovery Connection (KBRC)

111 Pioneer Street, Homer

kbayrecovery.org | (907) 435-0504

Creating hope through connection and community.

The Living Room (at KBRC)

Monday - Friday, 10:00 am - 3:00 pm

A sober space to be present and relax, get connected to resources, and receive peer support in your recovery journey.

The Exchange (Megan's Place)

4014 Lake Street #101, Homer

homerexchange@gmail.com | (907) 841-7204

First Tues. of each month, 5:00 - 7:00 pm

Free and confidential: clean needles, used needles disposal, free naloxone (overdose) kits & training, and free rapid on-site HIV/AIDS & Hep-C testing.

Men's Freedom House

freedomehouse907@outlook.com | (907) 260-3733

Long-term, faith-based recovery residence.

South Peninsula Hospital

Homer Medical Center

4136 Bartlett St, Homer

(907) 235-8586

Our providers can prescribe FDA-approved medications, set treatment goals, provide ongoing support, and help you navigate recovery options that fit your needs.

AA PROGRAMS

Anchor Point AA

34175 Sterling Hwy., Anchor Point

(907) 299-3317

Mon, Wed, & Fri, 7:00 - 8:00 pm

Homer End of the Road Group

126 W. Pioneer Ave. Suite 1, Homer

aahomer.org | (907) 283-5722

Daily meetings, 12:00 - 1:00 pm or 8:00 - 9:00 pm

Homer Unity Group

770 E. End Rd., Homer (Downstairs)

aahomer.org | (907) 299-6226

Tues, Thurs, & Fri, 6:30 - 7:30 pm

Living in the Solution Women's AA

770 E. End Rd., Homer (Downstairs)

(907) 299-4073

Wednesdays, 6:30 - 7:30 pm

Ninilchik AA Group

15811 Sterling Hwy., Ninilchik

(907) 953-0273

Tues. & Thurs., 7:00 - 8:00 pm

S.O.U.L. AA Group

3838 Bartlett Street, Homer

(907) 748-7005

Saturdays, 7:00 - 8:00 pm

M.A.T. SERVICES

Medication-assisted treatment (M.A.T.) is available for adults experiencing substance use disorders (including alcohol).

NTC Recovery Outreach

Offices in Homer and Ninilchik

Call/text (confidential): (907) 740-3330

NA PROGRAMS

Statewide Helpline

akna.org

(866) 258-6329

Step Into Freedom Group

960 E. End Rd., Homer

(907) 756-3530

Thursdays, 7:00 - 8:00 pm

TREATMENT FACILITIES

Cook Inlet Counseling (CICADA)

1230 Ocean Drive, Homer

cookinletcounseling.org | (907) 235-8001

Outpatient treatment services, referrals for residential treatment, and substance use disorder counseling.

Set Free Alaska, Inc - Homer

3964 Bartlett Street, Unit 2, Homer

setfreealaska.org | (907) 235-4732

Outpatient treatment services and a men's-only residential treatment facility.

FAMILY SUPPORT

Parent-to-Parent Support Group

(907) 299-3606 | (907) 299-0608

For those affected by their child's addiction.

Nar-Anon Family Groups

nar-anon.org

Co-Dependents Anonymous

126 W. Pioneer Ave. Suite 1, Homer

coda.org | (907) 235-7423

Sundays at 4:00 pm