

Nonprofit Organizations with Support Groups or other services & resources

South Peninsula Behavioral Health Services Groups

These therapist-facilitated supportive process groups are for **adult** SPBHS clients only, requiring a short intake process to get started.

Office: (907) 235-7701

After-hours/Weekend Mental Health Clinician: (907) 235-0247 (call 911 in an emergency)

More info at spbhs.org

Anger Management & Addiction

Learning to manage issues of anger around addiction.

Depression & Anxiety

Developing the skills to manage your symptoms.

LGBTQ Support Group

Support & discussion in a safe environment.

South Peninsula Haven House

3776 Lake St #100, Homer

Office: (907) 235-7712

24-hour Confidential Help Line: (907) 235-8943

Emergency shelter, crisis intervention & resources including legal advocacy for women affected by domestic violence/sexual assault & their children. Services for men available - call office to inquire.

More info at havenhousealaska.org

Homer R.E.C. Room

3957 Nielsen Circle, Homer

Youth resource & enrichment co-op offering a variety of events & support for ages 12-18. **Adult REC Room staff always present during events & hangouts.**

(907) 235-3436 • recroom@kbfpc.org

homerrecroom.org  [homerrecroom](https://www.facebook.com/homerrecroom)  [recroomhomer](https://www.instagram.com/recroomhomer)

Unicorn Union (LGBTQIA+ Group)

Thursdays, 5pm-6pm for LGBTQ+ youth ages 12-18 (with REC Room coordinator and licensed SPBHS therapist). **Contact Sierra at (907) 235-3436 or by email (above) for location and info.**

Opioid-Related Resources

The Exchange (Megan's Place)

Safe, confidential resource for clean needles, used needle disposal, **free** naloxone (overdose) kits, referrals for **free** HIV & Hepatitis C testing.

Phone: (907) 841-7204

Email: homerexchange@gmail.com

1st & 3rd Tuesdays monthly, 5:00pm - 7:00pm
SPH Training Center, 203 W. Pioneer Ave, Homer

Narcotics Anonymous Meetings

Step Into Freedom NA Meeting

Thursdays, 7pm - 8pm

Glacierview Baptist Church (outbuilding)

960 E. End Rd., Homer

Contact: (907) 756-3530

For Families & Friends

Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction.

www.nar-anon.org

Parent-to-Parent Support Group

For those affected by their child's or grandchild's addiction. **Contact:** Pamela, (907) 299-3606

Medication for Addiction Treatment Services

MAT is available for adults experiencing **substance use disorders—including alcohol**, at:

Homer Medical Center MAT Program

Call or text (confidential): (907) 299-1264

4136 Bartlett Street, Homer

NTC Recovery Outreach

Contact Annette (confidential): (907) 740-3330

Offices in Homer and Ninilchik

All Things Recovery Coalition

Working together to address addiction issues and support recovery. **Anyone can participate!**

Email skpallthingsrecovery@gmail.com

or call (907) 756-3530 to get involved

More info at allthingsrecovery.org

Homer Area Support Group & Resources Guide



Careline Alaska:

877-266-HELP (4357)

Alaska's suicide prevention & "someone to talk to" 24-hour confidential free helpline.

More info: carelinealaska.com

CALL 911 IN AN EMERGENCY

This pamphlet is created and distributed by the South Peninsula Hospital Health & Wellness Department.

Updated: 10/2022

To request printed copies, add or change info contact: wellness@sphosp.org

12-Step Groups

Alcoholics Anonymous:

Kenai Peninsula AA Info: (907) 283-5722

aahomer.org - meeting schedule

Anchor Point Alcoholics Anonymous

Contact: (907) 299-3317 for men
or (907) 299-0214 for women

Wednesdays & Fridays, 7:00pm - 8:00pm

Anchor Point Chamber of Commerce Visitors Center
34175 Sterling Hwy., Anchor Point

Homer End of the Road Group

Contact: (907) 235-6822

Meeting in person daily

Noon - 1:00pm & 8:00pm - 9:00pm

126 W. Pioneer Ave. Suite 1, Homer

Homer Unity Group

Contact: (907) 299-6226

Tues, Thurs, & Fri, 6:30pm - 7:30pm

Homer United Methodist Church
770 E. End Rd., Homer (Downstairs)
or on Zoom - Meeting ID: 114 058 468

Living in the Solution Women's AA Meeting

Contact: (907) 299-4073

Wednesdays, 6:30pm - 7:30pm (Closed)

Homer United Methodist Church
770 E End Rd., Homer

Ninilchik Group of AA

Contact: (907) 953-0273

Tues. & Thurs., 7:00pm - 8:00pm

St. Peter the Fisherman Methodist Church
15811 Sterling Hwy., Ninilchik

Seldovia Group of AA

Contact: (907) 399-8223

Please call to have door opened

Wednesdays, 5:30pm - 6:30pm

Seldovia Bible Chapel
357 Iliamna St, Seldovia

Narcotics Anonymous:

Statewide Info/Hotline: (866) 258-6329

akna.org - statewide meeting schedule

Step Into Freedom Group of NA (Homer)

Contact: (907) 756-3530

Thursdays, 7pm - 8pm

Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer

Co-Dependents Anonymous

An anonymous fellowship whose common purpose is to develop healthy relationships.

Contact for info: (907) 756-3104

Wednesdays, 12:00pm-1:00pm

Overeaters Anonymous

For anyone who feels they have a problem with food.

Contact for info: (907) 235-5253

Sex and Love Addicts Anonymous

A 12-step program for living life without acting out.

Contact for information:

By phone: (907) 843-1290

or email: safehavenhomer@gmail.com

Thursdays, 7:00pm - 8:00pm (Closed Meeting)

Non 12-Step Support Groups

Caregiver Support Group

Guest speakers, training, & support for those involved in the care of loved ones.

Contact: (907) 235-7655

2nd & 4th Thursdays, monthly, 2:30pm - 3:30pm

Homer Senior Citizens Center (back entrance)
3925 Svedlund St., Homer

Hospice of Homer Grief Support

For anyone suffering loss or experiencing bereavement. One-on-one support and correspondence support is also available.

Hospice of Homer, E Pioneer Ave #3

Contact: (907) 235-6899

Grief Support Group

If you have lost someone, this group is for you.

First and third Saturdays, monthly, **1pm-2pm**

Widows/Widowers Support Group

For those who have lost their spouse or life partner.

Every Tuesday, **1:30pm-2:30pm**

Parent-to-Parent Support Group

For people affected by their child's or grandchild's addiction.

Contact for info: Pamela, (907) 299-3606

Parkinson's Support Group

For people diagnosed with Parkinson's and their caregivers. Contact for info: (907) 235-7655

Substance Use Disorder Treatment (*Medication for Addiction Treatment info on back panel*):

Set Free Alaska, Inc.—Homer

1130 Ocean Drive, Suite A

Office: (907) 235-4732

Men's Residential Program: (907) 235-4733

Outpatient substance use disorder treatment services for men & women, and a men's only residential treatment facility located in Homer.

More info at setfreealaska.org

Cook Inlet Counseling (CICADA)

1230 Ocean Drive, Homer

(907) 235-8001

Outpatient treatment services including referrals for residential treatment, and substance use disorder counseling for adults and adolescents.

More info at www.cookinletcounseling.org